Dear GP,

Because I may belong to the risk group, I have studied the possibilities to prevent or treat COVID-19. As a GP you have taken an oath to put the patient's interests first and to do no harm. That is exactly what I expect from you!

This currently means treating COVID-19 at an early stage using off-label medication. Stopping virus replication early prevents damage to organs and hospitalization. There are various off-label treatments that are being used successfully worldwide. More information can be found in the attachment.

According to article 37 of the Declaration of Helsinki the physician, after seeking expert advice, with informed consent from the patient or a legally authorised representative, may use an unproven intervention if in the physician's judgement it offers hope of saving life, re-establishing health or alleviating suffering.

If I would get infected with COVID-19 I expect you will do anything to help me heal.
I therefore ask you to treat me with one of the treatment protocols mentioned in the attachment in that case.
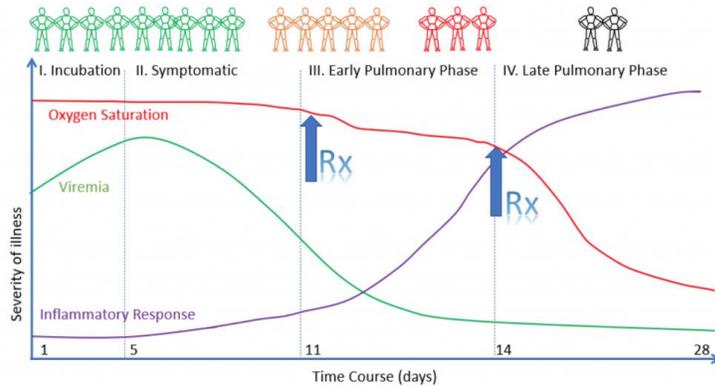
I trust that you will read this information and I await the response to my question.

Name   :   …… ... ……. ………………………………………………………… ..

Date of birth   :   ………… ... ………………………………………………………… …

Signature   :   ...………………………………………………………………… ..

Off-label use of medicine for COVID-19

The best results in treating COVID-19 can be achieved if treatment starts within five days after first symptoms (phase II). In phase III organ damage occurs and survival rates are declining.

Hydroxychloroquine, azithromycin and zinc protocol

A large number of studies have proven that early treatment with these 3 drugs is successful.
For an overview of studies, see https://c19study.com/.
Dr Zelenko from New York published his study in late June 2020.
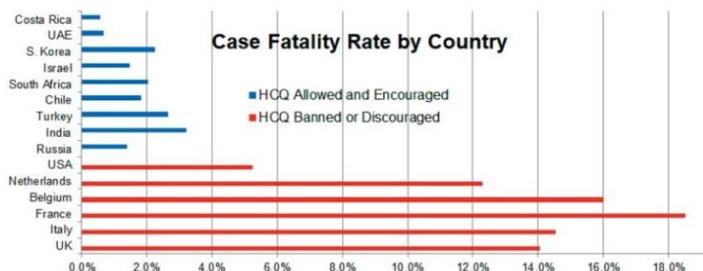Using his protocol he achieved a 82% reduction of hospitalisation and a 80% reduction in death in high-risk patients.

The Zelenko Protocol

1.   Identify high-risk patients (> 60 years and / or shortness of breath and / or with comorbidities) and don't treat other patients (<60 years without complaints)
2.   Treat them within five days of the first symptoms
3.   Use these three medications:
    ● Hydroxychloroquine 200 mg twice a day for five days
    ● Zinc sulfate 220 mg (50 mg elemental zinc) once daily for five days
    ● Azithromycin 500 mg once daily for five days

Worldwide success

The image below shows the COVID19 mortality rates of various countries. Blue lines are countries using early treatment with hydroxychloroquine.

Protocol azithromycin and zinc

French GPs were no longer allowed to use hydroxychloroquine and discovered that early treatment using azithromycin and zinc is also effective. (Https://tinyurl.com/AzZink)
● 500 mg azithromycin twice a day for 9 days
● 15 mg zinc gluconate twice a day

Protocol ivermectin

Doctors in Peru, USA, Dominican Republic, Bolivia, Bangladesh, Egypt, Brazil, Chile,.Argentina, Iraq, Bulgaria and India successfully use ivermectin against COVID-19.
The efficacy of ivermectin has been demonstrated in vitro by Australian researchers.
(https://tinyurl.com/IvermectineInVitro)
Research by Dr Rajter in Florida shows lower mortality in hospital patients.
(https://tinyurl.com/IverRajter)
● 6 mg ivermectin per 30 kg body weight on the 1st day
● Then 6 mg ivermectin for another 3 days

Protocol ivermectin and doxycycline

An outpatient study in which patients received a combination of ivermectin and doxycycline showed a 100% success rate. No patient needed to be hospitalized.
(https://tinyurl.com/IverDoxy)
● Ivermectin tablet (200 μg / kg) single dose one hour before meal on the first day
● Doxycycline 100 mg capsule twice a day after meals for 10 days

Other treatments: propolis and COVID organics

Natural products reported to have been successful in the treatment of
COVID-19 are propolis and COVID organics (made from artemisia).
Like hydroxychloroquine and ivermectin, these are so-called PAK1 blockers.
This is a possible explanation for the effectiveness of these agents.
For more information: https://tinyurl.com/PAK1-blockers.